

École John W. MacLeod Fleming Tower School



April 2024 News

Have you heard?

Did you know that April is World Autism Month? The recognition raises awareness about autism acceptance and promotes inclusion and connectedness for people with autism.

Eid al-Fitr is approaching on or around April 9th (based on sighting of the moon). To all those who observe Ramadan, we say Ramadan mubarak ("blessed Ramadan")!

Are you ready to experience the solar eclipse happening on April 8th? Students will be provided safe glasses to take home/use for the event.

Report cards were distributed to families on Tuesday, April 2nd. Please contact the office if you are having trouble accessing the report card.

Out of area requests opened on April 2nd for the 2023-2024 school year. Please note, a decision on out of area requests likely won't be made until the end of August, after late registration has occurred. Approval will only be granted if room exists in the requested classroom (defined by class caps). Approval is considered, in order, by date/time of submission. Students who have siblings already attending JWMFT do receive preference. There is no pre-primary French option. Students must register at their home school for pre-primary and apply for out of area consideration. Students who are switching programs (i.e. French to English), must return to their home English school (if not in JWMFT's catchment) and apply for out of area consideration as well (if no room exists).

Our Run Club has started and as expected, we have a great number of participants. Thank you to the volunteers and staff who are assisting with this great opportunity.

In late May, we will be registering for the BLUE NOSE YOUTH RUN where students complete the last 4 kms, to have a total of 42 kms (the length of a marathon).

Transition Information for Grade 4 Parents/Students (English):

Cunard Junior High will be hosting a parent/guardian information session – date to be announced shortly. The grade four student orientation visit to Cunard will be taking place on June 12th. Permission forms will be coming home for this in May.

Reminders:

April 3 & 4

Parent/Teacher Interviews

April 8

Solar Eclipse

April 22

Earth Day

Principal –
Tracy Marchand

Vice Principal: Denise Jarvis

Administrative Assistant – Kim
Ritcey

1511 Purcell's Cove Road
Halifax, NS B3P 1B7

Phone: 479-4437
Safe Arrival: 1-833-582-6940
Fax: 479-4442

Website: <https://jwm.hrce.ca/>



Remember to check the website at <https://jwm.hrce.ca/> for this newsletter 1 and the most up-to-date information

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Parent Teacher Interviews:

Interviews will be taking place the evening of April 3rd (5:00-7:30) and will resume in the afternoon of April 4th (1:00-3:30). There is no school for students on the 4th (PD Day in the morning and interviews scheduled for the afternoon).

Water Bottles and Cutlery:

We continue to remind students to bring water bottles and cutlery to school. If you could assist us in reminding students to keep these items in their bag, we would greatly appreciate it. Thanking you in advance.



April Mindfulness Tip:

You know the feeling when you suddenly realize your neck, shoulders, or back is full of tension... right? Try the Mindful Body Scan technique. While sitting or lying down, try to stop and check-in with how you are physically feeling, without judging yourself or asking “why”. Check-in questions include:

“How is my breath? Shallow or deep?”

“Where do I feel sore or tense?”

“How does my (back/shoulders/face muscles/feet/neck) feel?”

As you go through these cues, try responding by relaxing that part of your body. A body scan is a simple and essential mindfulness skill that can help you connect with the present moment, reduce anxiety and stress, and feel calmer. Give it a try: https://www.youtube.com/watch?v=ihwcw_ofuME (Mindful Body Scan).

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Earth Day:

Earth Day is an annual event on April 22 to demonstrate support for environmental protection. First held on April 22, 1970, it now includes a wide range of events coordinated globally by Earthday.org including 1 billion people in more than 193 countries. The official theme for 2024 is "Planet vs. Plastics."

Parking Lot and Traffic Safety:

In recent weeks, we have observed a concerning trend of vehicles parking in the designated "NO Stopping/Parking" zone at the back of the school path crosswalk area. Not following the traffic regulations poses a significant risk to the safety of our children, particularly during drop-off and pick-up times when pedestrian traffic is at its peak. We emphasize the importance of adhering to these parking restrictions for the safety of all members of our school community. Parking in prohibited areas obstructs visibility for both drivers and pedestrians, increasing the likelihood of accidents and endangering the safety of our students.

While we totally understand the challenges associated with finding parking during busy times, there are alternative parking spots available nearby. We kindly ask for your cooperation in utilizing them instead of parking in restricted areas. This includes not entering the school parking lot during arrival and dismissal times. Students are loading/unloading from busses, walking to school from different entry points on the property and sometimes are not completely visible. We have staff that monitor morning and afternoon procedures who are still stopping cars during both peak times. If you have a relative dropping off or picking up your child, we ask that you please inform them of the protocols. Again, we understand that parking is extremely limited, but the safety of our students must come first.

We would like to express our sincere appreciation to those who have consistently followed parking guidelines and contributed to a safer school environment. Your cooperation sets a positive example for our community, and we encourage others to follow suit.

If you have any questions or concerns regarding parking procedures or safety measures, please do not hesitate to reach out to School Admin and/or our dedicated staff members. Your feedback and cooperation are invaluable as we strive to ensure the well-being of our students.

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Thank you for your attention to this matter and for your ongoing support in maintaining a safe and nurturing environment for our school community.

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