### March 2024 News

#### March has arrived! Did it come in like a lion or a lamb?

#### **HRCE Pre-Primary and Primary Registration:**

Parents who have students ready to start Primary in September 2024 will have to register online with HRCE (<a href="www.hrce.ca">www.hrce.ca</a>). Parents and Guardians are reminded that in order to be eligible to register your child for Primary in September 2024, your son or daughter must be five years of age on or before December 31st, 2024. In order to be eligible to register your child for Pre-Primary in September 2024, your son or daughter must be four years of age on or before December 31st, 2024. We ask that you pass this registration information on to neighbors and relatives who may not have children in school currently. Students who are currently in Pre-Primary <a href="mailto:DO NOT NEED TO REGISTER">DO NOT NEED TO REGISTER</a> for next year but, if your child will be attending a different school next year, please let us know. If you haven't already done so, current Pre-Primary parents should email Mrs. Ritcey in the office (kritcey@hrca.ca) to let us know what program your child will be attending in the fall (French Immersion or English). More information to follow regarding a Primary French Immersion open house evening coming soon.

#### **School Spirit Week:**

Help us kick off the week before March Break with School Spirit Days – please see below:

March 4: Pattern Day (stripes, polka dots, you name it!)

March 5: Hat Day March 6: Pajama Day

March 7: Sports/Jersey Day and activity day March 8: Wear Green for St. Patrick's Day



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Remember to check the website at https://jwm.hrce.ca/ for this newsletter and the most up-to-date information



**Reminders:** 

March 4-8 Spirit Week

March 11-15 March Break

March 18
Assessment & Evaluation
Day

Principal – Tracy Marchand

Vice Principal: Denise Jarvis

Administrative Assistant – Kim Ritcev

1511 Purcell's Cove Road Halifax, NS B3P 1B7

Phone: 479-4437

Safe Arrival: 1-833-582-6940

Fax: 479-4442

Website: https://jwm.hrce.ca/

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#### **Assessment and Evaluation Day:**

There will be no school for students on Monday, March 18th due to a scheduled Assessment and Evaluation Day

#### Parent Teacher Interviews/Report Cards:

Parent Teacher Interviews are in April. Your child's teacher will be in touch to arrange a meeting time for you. Interviews will be taking place the evening of April  $3^{rd}$  (5:00-7:30) and will resume in the afternoon of April  $4^{th}$  (1:00-3:30). There is no school for students on the 4th (PD Day in the morning and interviews scheduled for the afternoon). Report cards will be distributed electronically to parents/guardians between March 25-April 4th.

#### **Water Bottles and Cutlery:**

Students are reminded to bring water bottles and cutlery to school. If you could assist us in reminding students to keep these items in their bag, we would greatly appreciate it. Thanking you in advance.

#### **School Supplies:**

Around this time of year, supplies for the classroom seem to run low. It might be a good idea to check with your child's teacher to see what may be needed at this time.



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#### **March Mindfulness Tip:**

MINDFUL MOMENT 5 SENSES

Stop and be aware of surroundings. Whenever you find yourself waiting with a spare moment— in the grocery checkout line, at a doctor's appointment, walking to your car—pause, tune into the five senses, and share what you notice with one another: 5 things I can hear, 4 things I can see, 3 things I can touch, 2 things I can smell, 1 thing I can taste or imagine tasting.



#### VOLUNTEERS needed for FRIDAY Fun Run Club at John W Macleod.

Some of the students at JWM will be participating in the Doctors Nova Scotia RUN CLUB this year. We will be walking, jogging and running around the school on Fridays (may be subject to change) at lunch from 11:25-11:55 for 30 mins to complete as many runs around the school as possible. We need 1 or 2 parent volunteers to organize the other parents to help us FRIDAYS (tentative at this point).

The RUNS begin (weather dependent) on MARCH 22 (none on March 29) and continue each FRIDAY until MAY 17. This is a fun activity where students try to complete and log 4.2 kms each week at school and at home with family members. In late May, we will be registering for the BLUE NOSE YOUTH RUN where students complete the last 4 kms, to have a total of 42 kms (the length of a marathon).

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We NEED YOU, to make this happen! Mme Dibblee is the Coach and she can be contacted at <a href="mailto:ddibblee@hrce.ca">ddibblee@hrce.ca</a>. Please fill out the FORMS coming home and reach out if you can be one of the parent organizers who will schedule the volunteers each FRIDAY. Thanks for supporting an active lifestyle.



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