

École John W. MacLeod Fleming Tower School



June 2023 News

Have you heard?

Did you know that Mme. Dibblee's class is working on a gardening project?

Grade 4 Closing Breakfast:

The grade 4 closing celebration will be held on June 28th. We will send more information early next week once details about the morning are finalized.

Class Lists and Supply Lists for September 2023:

School begins next year on Thursday, September 7. School supply lists will be posted to our school website at the end of June. As per our May newsletter, parental requests for class placement consideration have closed.

Last Day of School and Report Cards:

The last day of school for students is Friday, June 30th. Students come to school in the morning and are usually dismissed between 10:00-10:30 am – exact time to follow. Students will be receiving their report cards via email on the 30th.

Assessment and Evaluation Day:

There are no classes for students on Thursday, June 29 due to a staff Assessment and Evaluation Day. Please note that there will be no school for students on that day.

Staffing Changes:

Many staffing changes occur during the months of May & June and this is often a very difficult time for many people. At the present time, we would like to communicate our knowledge of changes expected for next year:

- Mrs. Coughlin, our Grade One FI teacher has accepted a position at another school for next year. Celia Rossiter (Core French) will also be leaving us as a result of a change in the French circuit. We wish them nothing but the best and will miss them!

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Tracy Marchand

Vice Principal: Denise Jarvis

Administrative Assistant – Jessica
Sheldon

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Fax: 479-4442

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Email: jwm@hrce.ca



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- Ms. McKeough and Mrs. MacPhail (LC Teachers for Fleming and JWM) have both accepted new assignments for next year. Ms. McKeough will remain at JWMFT in a classroom position and Mrs. MacPhail will have a different assignment at another school. We wish them both well in their new assignments. We will miss you all at JWMFT. Krystal Kelly and Megan Carey will be our new Learning Center Teachers for next year.
- Leaving us next year (as they held term positions) are Krista Plank, Morgan Spearns, Rachel Crawley, Leanne Watson and Jessica Samaha. They will also be missed by everyone at JWMFT and we hope they get to return at some point.

Spring Fest:

As you know the Spring Fest has been postponed until Saturday, June 17 from 10:00-1:00 pm. Please come join us for a fun afternoon of games, bouncy castles, face painting, cake walk, and more! Thank you so very much for all the generous donations and offers of volunteer support. We continue to need many hands! For those contributing cakes/baked goods, you can send them in the Friday before or bring to the event on Saturday. Thanks in advance. We hope to see you on Saturday, June 17. Hugh thanks to Lindsay Driscoll and Victoria Worthington for their immense contributions to our school including hot lunch, canteen, Spring Fair, HSA family events, etc. We are so fortunate for their leadership.

Spring Fest Volunteers:

Thank you to those who have contacted the HSA and offered to be a volunteer at the Spring Fest on June 17. Lindsay Driscoll and Victoria Worthington (driscolll@hotmail.com) and (vhammond13@gmail.com) are compiling a list of jobs that need to be filled. We do know that we need more volunteers to have a successful fair. We thank you for your amazing support.

Field Day:

Staff is currently busy organizing a fun day (field day) for students. The dates for this event will be June 21 and June 22 (June 21 at JWM and June 22 at FT). Parent volunteers will be needed for both dates. Please send

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your interest to gwalsh@hrce.ca (Mr. Walsh) and atramble@hrce.ca (Ms. Tramble). More details to follow.

Community Members for School Advisory Council (SAC):

We continue to look for two community members to join our SAC committee. The SAC collaborates with the principal to contribute to the achievement and well-being of the students of JWMFT.

What we discuss:

- student achievement
- safe and inclusive practices and initiatives
- communication with parents & community
- extra-curricular programming
- special projects/grants accessible through the school

SAC members also act as a parent & community liaison between the school and both the HRCE and the Department of Education. Sometimes there are decisions to be made about how certain funds will be distributed. Grants must be used for specific purposes including improving academic experience for math & literacy, supporting health & well-being of the students, guest speakers, school events and field trips. Currently we are seeking two community members to sit on our SAC Committee. We meet approx. once a month (6 per year). To qualify as a community member, you must not have a child currently enrolled in the school. Please pass this opportunity on to those you think would be interested. It is a great way to get people involved with the school community.

Open House Visit for New Grade Primary Students:

Fleming Tower will be hosting an ice cream drop-in session for parents/students new to primary next year. The date of this visit will be on June 15 from 6:00-6:30 pm. Primary teachers will be on hand to allow you to visit the classrooms and school spaces and give you an opportunity to ask questions. This will be an informal gathering.

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Water Bottles/Sunscreen/Hats:

When the weather becomes increasingly warmer, students will have multiple opportunities to go outside with staff. Our outdoor classroom space is an excellent opportunity for students to learn about the world around them. Wearing hats and sunscreen to school or thinking about sunscreen is important in protecting our students from the sun.

June Mindfulness Tip:

Engage Your Senses

Summer isn't only about doing. It's also about being. How do we stay present and grounded in the moment? By engaging our senses.

-If you're at the beach, for example, listen to the waves. Really close your eyes and take it in.

-When you are outside, smell the flowers. Savor the scent of a ripe tomato. Enjoy the smell of campfire.

-When you are eating a seasonal food, really take time to mindfully experience each flavorful bite.

-Enjoy the sights and sensory experiences of summer. Appreciate what you see in nature. Feel the grass on your feet or the warm sun on your face. Enjoy the feeling of a summer rainfall as it cools your body down.

-Our senses keep us connected to the present. If you want to experience a slow, mindful summer, connect with the sights, sounds, tastes, smells, and sensations of this wonderful time of year.

Have a Happy & Mindful Summer

Volunteering at School:

We continue to receive questions regarding volunteering at school or on school trips. Parents/guardians at school must have a copy of a completed criminal records check **WITH** vulnerable sector and a child abuse registry. These are TWO separate data bases so both have to be conducted and clear. The school can send an email link to you for both of these checks, which reduces the cost of the criminal records check/with

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vulnerable sector to \$30 (down from \$50). A child abuse registry is free. Checks are good for 3 years.

Upcoming Class Trips:

Track and Field for Grade 4's - June 7
Discovery Center Trip (Rockwood/Abi Daoud) – June 7
Choir Trip to Chebucto Heights – June 12
Halifax Citadel Trip (Watson/Crawley) – June 13
Discovery Center Trip (Zimmermann/Carroll) – June 14
Supernova Workshops for students (on site) – June 16

Student support:

Kids Help Phone understands how fear and uncertainty can fuel anxiety and other feelings. They are available to support the young people in our community through this challenging time – and beyond. Please know Kids Help Phone is available 24/7, will never judge and always be confidential.

Kids Help Phone is here 24/7 for young people and adults across the province who are experiencing the impacts of wildfires. For e-mental health support, text 686868 (young people), text 741741 (all ages), call 1-800-668-6868 or visit kidshelpphone.ca. There is no issue too big or feeling too small.

For a guide for caregivers on how to talk to children and youth about an emergency or traumatic event from the IWK, click here:

https://www.hrce.ca/sites/default/files/hrsb/Departments/BoardServices/Communications/for_caregivers_-_how_to_talk_to_children_and_youth_about_a_wildfire.pdf

SchoolsPlus Supports for Summer:

Did you know? SchoolsPlus operates 12 months of the year! SchoolsPlus is a confidential, free service available to every school in Nova Scotia. Families and students (12+) can self-refer to SchoolsPlus by contacting the SchoolsPlus facilitator for JL Ilsley Family of Schools (Rosalind Curran) - See below:

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What is SchoolsPlus?

SchoolsPlus is a confidential, free service available in every school in Nova Scotia. Our goal is to build positive relationships between families, schools, and communities. We can help students with what they need to succeed – from home, to school, and back again!

Connect with us!

Parents, guardians and students (12+) can self-refer to SchoolsPlus - 12 months a year!

- ☎ 902-464-2041
- ✉ schoolsplus@hrce.ca
- 📱 @HRCEschoolsPlus

Resources & support

Recreation
Help finding and applying for rec programs or funding.

Tutoring
Help understanding and accessing tutoring supports.

Food supports
Help accessing food banks and other local food supports.

Health & wellness
Help navigating healthcare systems.

General support
Help completing paperwork and applications, as well as transportation and accompaniment to appointments.




SchoolsPlus offers HRCE families & students:

- Help finding the right services & programs
- Confidential support in difficult situations
- Collaboration to ensure student success

Parents & students can self-refer. Just text, phone, or email us, 12 months a year!



<p>Auburn Drive family of schools: Marsha Stephens, 902-476-0271 or marsha.stephens@hrce.ca</p> <p>Bay View family of schools: Kristine Windover, 902-399-6447 or kwindover@hrce.ca Juliana Pontes, 902-240-0832 or jpontes@hrce.ca</p> <p>Citadel family of schools: Darine Elsaïh, 902-225-0557 or delsa@hrce.ca Kim Gariepy, 902-221-5954 or kimberly.gariepy@hrce.ca Sharon Steeves, 902-219-3668 or ssteeves@hrce.ca</p> <p>Cole Harbour family of schools: Kinnon Job, 902-233-3426 or kinnon.job@hrce.ca</p> <p>C.P. Allen family of schools: Sherry Battiste, 902-471-2445 or sherry.battiste@hrce.ca Megan Tobin, 902-240-1148 or megan.tobin@hrce.ca</p>	<p>Dartmouth High family of schools: Juliana Pontes, 902-240-0832 or jpontes@hrce.ca Stacey Oliver, 902-225-2632 or stacey.oliver@hrce.ca</p> <p>Eastern Shore family of schools: Kinnon Job, 902-233-3426 or kinnon.job@hrce.ca</p> <p>Halifax West family of schools: Bonnie Pero, 902-225-2200 or bpero@hrce.ca Bernice Arthur, 902-497-3163 or barthur@hrce.ca Kim Gariepy, 902-221-5954 or kimberly.gariepy@hrce.ca</p> <p>Island View family of schools: Sarah Morris, 902-399-8321 or sarah.morris@hrce.ca</p> <p>J.L. Hsley family of schools: Kristine Windover, 902-399-6447 or kwindover@hrce.ca Rosalind Curran, 902-225-2245 or rosalind.curran@hrce.ca</p>	<p>Lockview family of schools: Isaac Leblanc, 902-225-0767 or isaac.leblanc@hrce.ca</p> <p>Marine Drive Academy & Musquodoboit Rural family of schools: Caroline Jeppesen, 902-476-0324 or cjeppesen@hrce.ca</p> <p>Millwood family of schools: Jennifer Fougere, 902-483-8367 or jfougere@hrce.ca</p> <p>Sackville High family of schools: Jennifer Fougere, 902-483-8367 or jfougere@hrce.ca Lydia Ritcey, 902-222-7005 or lydia.ritcey@hrce.ca</p> <p>Woodlawn High (former PA) family of schools: Christine Riordan, 902-221-1917 or christine.riordan@hrce.ca Megan Tobin, 902-240-1148 or megan.tobin@hrce.ca Nicole MacFarlane, 902-430-4932 or nmacfarlane@hrce.ca</p>
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First Ride Program:

Our service providers will host one-hour workshops for new bus families this summer to educate children about school bus safety on and around the vehicle. HRCE Student Transportation will be reaching out to new bus families over the summer with more information.

In the meantime, click here to learn more about riding the bus safely: <https://www.hrce.ca/about-our-schools/parents/parent-tool-kit/riding-school-bus-safely>

Please contact us at transportation@hrce.ca or by calling 902-431-4723 if you have any questions.

2023-24 Bus Information:

Student transportation information for the 2023-24 school year will be available to view online through the BusPlanner Parent Portal later in July.

- Families eligible for transportation will receive an email to access the Parent Portal to view their child's bus information once it is available.
- Once you receive the email, you must follow the instructions to activate your new Parent Portal account and create a password. Using previous Parent Portal login information will not work.
- If you can't find the email, please contact 902-431-4723 or transportation@hrce.ca for assistance.

Over the summer, the HRCE Student Transportation Team will also reach out to new HRCE families and those families who may require special needs transportation for their children with more information about busing.

Interested in Choir Opportunities?

Do you LOVE to sing? Come join the Halifax Boys Honour Choir, a program of HRCE's Halifax Regional Arts! Auditions for new members will be held at Oxford School, Room 111, on June 7 & 14. Drop by anytime between 3:30-5:30 p.m.. Auditions are done on a first-come, first-served basis. The audition piece is O Canada, and singers must be in Grade 4-8 as of

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September 2023. Come sing with us! For more information contact director Pamela Burton at Pburton@gnsps.ca.

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