# École John W. MacLeod Fleming Tower School

## March 2025 News

### March has arrived! Did it come in like a lion or a lamb?

### **HRCE Pre-Primary and Primary Registration:**

Parents who have students ready to start Primary in September 2025 will have to register online with HRCE (<a href="www.hrce.ca">www.hrce.ca</a>). Parents and Guardians are reminded that in order to be eligible to register your child for Primary in September 2025, your son or daughter must be five years of age on or before December 31st, 2025. In order to be eligible to register your child for Pre-Primary in September 2025, your son or daughter must be four years of age on or before December 31st, 2025. We ask that you pass this registration information on to neighbors and relatives who may not have children in school currently. Students who are currently in Pre-Primary <a href="DO NOT NEED TO REGISTER">DO NOT NEED TO REGISTER</a> for next year but, if your child will be attending a different school next year, please let us know. If you haven't already done so, current Pre-Primary parents should email the Pre-Primary teachers to let us know what program your child will be attending in the fall (French Immersion or English). More information to follow regarding a Primary French Immersion open house evening coming soon.



### March 10-14th

### **Assessment and Evaluation Day:**

There will be no school for students on Friday, March 7th due to a scheduled Assessment and Evaluation Day

### Parent Teacher Interviews/Report Cards:

Parent Teacher Interviews are scheduled for the evening of April 2<sup>nd</sup>, and again in the afternoon on April 3<sup>rd</sup>. Your child's teacher will be in touch to arrange a meeting time for you. There is no school for students on the morning of the 3<sup>rd</sup> (PD Day in the morning). Report cards will be distributed electronically to parents/guardians between March 25-April 3

Remember to check the website at https://jwm.hrce.ca/ for this newsletter 1 and the most up-to-date information



#### Reminders

#### March 7

Assessment & Evaluation Day

## March 10-14

March Break

### March 25-Apr 3

Report Cards Home

Principal – Tracy Marchand

Vice Principal: Denise Jarvis

Administrative Assistant – Kim Ritcey

1511 Purcell's Cove Road Halifax, NS B3P 1B7

Phone: 479-4437

Safe Arrival: 1-833-582-6940

Fax: 479-4442

Website: https://jwm.hrce.ca/



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### **Water Bottles and Cutlery:**

Students are reminded to bring water bottles and cutlery to school. If you could assist us in reminding students to keep these items in their bag, we would greatly appreciate it. Thanking you in advance.

### **School Supplies:**

Around this time of year, supplies for the classroom seem to run low. It might be a good idea to check with your child's teacher to see what may be needed at this time.



### **March Mindfulness Tip:**

Making the Most of March Break

It's hard for kids not to get excited about March Break, whether they're older teens taking a trip with friends or younger kids who just want time away from the classroom. For parents, this excitement can add a new level of stress to your already busy day. Here are some tips to help you not only survive March Break, but make the most out of it for both you and your children.

# <u>Tips to make March Break fun, educational, and most importantly stress-free</u> with these ideas:

**Make a plan:** School-aged children are used to routine, so help make March Break more manageable by planning out some activities that you can do with your children. Some ideas include taking your family to a local library and selecting two books to be read during break, or visiting a nearby museum or science discovery center. Whatever you choose, be sure to include your children in the planning and find out what they want to do.

**Connect with neighbors:** Meet up with friends and neighbors to formalize a game of tag at a park or set up a group playdate with neighborhood families in



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your back yard. Not only does this give your children structured ways to spend their fun time but helps build connections among families in the community.

Lean on family and friends if you don't have time off: March break presents a unique challenge for working parents. If you're unable to take time off from work, make use of family members and friends in your neighborhood that can watch your children while you're at work. Situations like this are an example of why building connections in the neighborhood can be so important, not only for you but for other parents who might not have family or close friends nearby.

**Take care of yourself:** The extra stress of March Break can wear you down, so make sure you budget time for yourself. One date night or night out can make the difference between a manageable spring break and a stressful one. Ensure you have the time you need to yourself in order decompress and destress.

<u>Spring Musical – Snow White and The Seven Dwarfs of the Black Forest</u>
Our students are working very hard in preparation for our School Musical in April. (April 23rd and 24<sup>th</sup>). We will have more information to share in the next few weeks but wanted to share the date with you now.



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